

English Martyrs Catholic Primary School

"where everyone is special"

Newsletter 6: Friday 18th January 2019

www.englishmartyrs.warwickshire.sch.uk

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@EMCPrimary

Go - Go - Miss Sands!!



Miss Sands has bravely decided to take part in a tandem sky dive. She has never done anything like this before and feels it is the right time to be courageous and try something new. Miss Sands is meeting the cost of the sky dive herself but wishes to raise money for the school at the same time. The school is committed to raising the standards of reading for all our pupils and we have wanted to improve the library facilities for some time. Miss Sands is also very keen for the library to be revamped and moved to a different part of the school so all the children can enjoy it. All proceeds raised will go directly

to the library project. A Just Giving Page has been sent up for parents to donate in support of Miss Sands and the school. Parents can also contribute to the venture directly by sponsoring Miss Sands by handing any donations directly through the school office. Please do support this cause as all proceeds are for the benefit of all of the children at the school. The just giving page is: justgiving.com/crowdfunding/beverley-sands We are all very excited about the venture and with weather permitting it will take place on Saturday 25th May at Hinton Airfield in Brackley.



Recent initiatives

The school has introduced and developed some new initiatives during this academic year to improve outcomes for children and for parents to be more informed:

- Parents can contact staff directly through their Welearn school accounts (sent out as email and on School Website).
- A new Communications flowchart has been distributed giving clarity as to who can be contacted depending on need (sent out as email and on School Website).
- Each teacher has developed a reading list for their year group (sent out as email and on School Website).
- Further reading lists have been developed for each term if pupils wish to read more around the main themes of the class that term (sent out as email and on School Website).
- The top 100 Book Reads by the Book Trust have been shared and are divided into age groups (sent out as email and on School Website) to support parents when buying or selecting books for their children.
- Reading Bears have been introduced into foundation Stage, year 1 and year 2 to be shared with families.

- Each class has developed a Curriculum leaflet which will be given to parents termly with more information as to what will be covered within the class that term.
- Twitter has been introduced successfully in the school. Please sign up to Twitter as this is the quickest way for parents to be informed or reminded of key events within the school.
- School has purchased a new assessment tool which screens all children within Reception and will be also introduced into Year 3 for speech and language difficulties. It also provides appropriate interventions that the school can run, to support the specific areas identified for a child. This is in response to the Speech and Language service having a long waiting list before children can be seen etc.
- Year 2 and Year 3 have adopted the Maths Mastery programme in line with Reception, Year 1 the previous year.
- This term all key stage 2 classes will be inviting parents to come into school and watch their class assembly delivered to the whole school.

This half term's Value & Virtue is Eloquent and Truthful

We are trying to be Eloquent in what we say of ourselves and to others and truthful in all we say and the actions we choose to use to represent ourselves.

Before you speak, **T H I N K . . .**

. . . is it **T** True?

. . . is it **H** Helpful?

. . . is it **I** Inspiring?

. . . is it **N** Necessary?

. . . is it **K** Kind?



The Eloquent Prayer *of St Aidan of Lindisfarne (c.600-651)*

Leave me alone with God,
as much as may be.
As the tide draws the waters
close in upon the shore,
make me an island, set apart,
along with you, God,
holy to you.
Then, with the turning of the tide,
prepare me to carry your presence
to the busy world beyond;
the world that rushes in on me,
till the water comes again
and folds me back to you.
Amen.

We need Midday Supervisors - Can You Help Us?

Could you or someone you know give some time to be a midday supervisor in school? We currently have vacancies at school for midday supervisors Monday-Friday 12.00-1.15pm. Please share if you know someone who may be suitable or ask in the office for further details.

Uniform Reminder

A big thankyou to the majority of parents whose children are always wearing the correct uniform. However there are some children who are continuing to wear the incorrect uniform.

- School shoes should be plain and black, not trainers, boots or other variations.
- All children should be wearing the correct PE top which is the Blue logo polo shirt purchased through the online provider.
- The only outdoor PE kit permitted is the blue hoodie and bottoms purchased through the online provider.
- PE shorts are dark blue which should be plain without any logos on them.
- The only earrings permitted in the school are small studs.
- Children are not permitted to wear jewellery except a watch.



CAMHS (Children Adolescent Mental Health Services)

For parents and professionals who feel that a child would benefit by being seen by CAMHS can often be frustrated due to a high threshold of need for appointments and a service which is overwhelmed by applications. **RISE** was developed in 2017 and they partnered up with Coventry and Warwickshire Mind to transform all of our emotional well-being and mental health services for children and young people,

Rise seeks to work more closely with schools, voluntary community services, Social Care and Primary Care (such as GP Practices) to increase support for children and young people requiring support. They have put in place and are continuing to further develop programmes and levels of training packages that can be accessed for their partners.

In Warwickshire, they have set up 5 community hubs, where families can access information, guidance and speak to a mental health colleague.

Rise Community Offer

Rise offers, and provide 1-1 consultations, trainings, coffee mornings, group sessions, drop in's to Children, Young People, Families and professionals. There are dates on their website which will be added to as they have more services joining the various partnerships.

I have copied from the RISE website the Rugby offer which parents may wish to see what is on offer and may feel it is appropriate to access some of the drop ins etc.



Warwickshire Rise Partnership Community Offer
January 2019—July 2019

YOU MUST BOOK AN APPOINTMENT TO ATTEND

What we offer?

Coffee Mornings - (Group Sessions with Parents to discuss a particular topic stated on the leaflet)

Are you a parent or carer of a Warwickshire child?

Would you like to join us for a coffee, and learn about common emotional wellbeing concerns in childhood, and find out what you can do to help?

Our team of specialist mental health professionals are facilitating **FREE** coffee and information sessions.

Sessions will include a presentation of a topic, with refreshments available before and after, with a chance to meet other parents.

1-1 Consultations with a mental health clinician
(Face to face appointment to speak to a Professional)

Consultation slots (up to 45 mins) are also available if you would like to have the opportunity to speak in confidence to a member of our Specialist Mental Health Professionals Team, via e-consultation, phone or in person. This is open to families of children and young people.

All coffee mornings and consultations are aimed at early intervention and prevention and may not be useful for those already involved with RISE Mental Health Services. *These sessions are not suitable for parents of children with moderate to severe learning difficulties.*

In Partnership with;



North Warwickshire
Borough Council



To book your place on any of the sessions below, email
risecommunityoffer@covwarkpt.nhs.uk or call mobile 07917 504682

Please do not call the Navigaton Hub

RUGBY DISTRICT



Coffee Mornings: Parent group sessions start at 9.30am until 11.00am

(Please book an appointment, you may be turned away without an appointment due to group capacity)

Moriartys Café & Gallery, 28 Regent Street, Rugby CV 21 2PS

10/01/19—Understanding and supporting children aged 3-11 years with Anxiety

14/02/19—Understanding and Managing challenging Behaviours in Children aged 4-12 years old

14/03/19—Understanding and supporting healthy Emotional Development for children aged 3-11 years

06/06/19—Understanding and supporting children and young people with School Refusal



Consultation Dates & Location

1:1 Consultations: Face to face consultation with a Professional

(Bookable by appointment only)

Moriarty's Café & Gallery, 28 Regent Street, Rugby CV21 2PS

16/05/19

04/07/19

Below are a list of topics discussed in our coffee mornings,

Your child must be within the age range suggested for you to be eligible to attend

Understanding and supporting children aged 3-11 years with Anxiety

What is anxiety, and how can we help our children? Learn to spot the signs of anxiety and how it might look in children of different ages. Learn to tell the difference between the usual stresses of childhood, and when anxiety might be becoming a problem for a child. You will take away practical tips and activities you can do at home to support a child who is feeling anxious. You will also find out where to go for help locally if you are worried about your child's emotional wellbeing.

Understanding and supporting young people aged 12-18 years with Self Harm

What is self-harm, and how can we help our young people? Learn about some of the reasons young people self-harm, and what can keep the problem going. You will take away practical tips and activities you can do at home to support a child who is self-harming. You will also find out where to go for help locally if you are worried about your child's emotional wellbeing.

Understanding and Managing challenging Behaviours in Children aged 4-12 years old

What is out there to help you help your child with their emotional wellbeing? We will explain how you can use the new Dimensions Tool, a web-based app that will help you to find support in the Warwickshire area that is specific to your child's needs. The Dimensions Tool is free to use and has been developed in conjunction with parents and carers, referrers and our clinical staff. We will also give you an overview of other useful local and national resources, including self-help books, websites, apps, etc.

Understanding and supporting healthy EMOTIONAL DEVELOPMENT for children aged 3-11 years

What does healthy emotional development look like at different ages? What are the challenges children and parents face at different ages, and what can you do to help? We will give an overview of key stages in children's development, and tips for what you can do to support your children to grow up with positive emotional wellbeing

Understanding and supporting children and young people for School Refusal

Support for Siblings of Children and Young People Experiencing Mental Health Difficulties.

What support is there for siblings of children and young people who are experiencing mental health difficulties? We will discuss support that is available for siblings of children and young people who are experiencing mental health difficulties. This will include an overview of national resources including self-help resources. You will also find out where to go for help locally if you are worried about your child's emotional wellbeing



School Improvement Suggestion

As a school we are always striving to improve, a good school listens to suggestions and opinions which can often lead to school improvement and positive change. If you have any suggestions you wish to share with the school, please fill the slip in below and hand it in to the school office or in the white letterbox in reception. Parents can also visit www.parentview.ofsted.gov.uk to complete the parent view questionnaire.

Signed: _____ Name: _____ Date: _____

Dates

January

- 17th Whole school parish mass- led by Year 6
- 17th Parish meeting 7:30pm
- 22nd Foundation Stage & Year 6 Height and Weights Check. Year 6 online questionnaire.
- 24th Mass Y5 & Y2
- 30th 9:15am - Year 6 will be leading a school assembly – PARENTS ARE VERY WELCOME.**
- 31st Mass Y4 & Y1

February

- 3rd Sunday Parish Mass 11:00 am led by Y5
- 7th **Parent E-Safety Meeting/Presentation 6:30pm (in school hall – all parents/carers invited)**
- 7th **9:15am - Year 5 will be leading a school assembly – PARENTS ARE VERY WELCOME.**
- 7th Mass Y3, Y6 & YR
- 9th to 10th Deanery Visitation to the parish of English Martyrs by Bishop Kenney
- 14th Mass Y5 & Y2

HALF TERM 18TH TO 22ND FEBRUARY

March

- 28th Peer Mediation Training
- 28th Mass Y4 & Y1
- 6th Ash Wednesday Whole School Mass led by Y3
- 7th World Book Day (Children come to school dressed as their favourite book Character for £1 which will be given to one of the Lenten charities)

12 th	Parent Evening 3:45pm – 7pm
14 th	Parent Evening 3:45pm – 7pm
14 th	Mass Y5 & Y2
21 st	Mass Y4 & Y1
27 th	9:15am - Year 4 will be leading a school assembly – PARENTS ARE VERY WELCOME.
28 th	Mass Y6, Y3 & YR

April

4 th	Mass Y5 & Y2
8 th	Stations of the Cross (Y3 to Y6) in Church 1: 45pm – PARENTS ARE VERY WELCOME.
11 th	Last day of term
11 th	Easter Service in Church and end of term presentations 1:45pm – PARENTS ARE VERY WELCOME.
12 th	Teacher Training
29 th	Pupils return to school

May

1 st	Year 5 - day retreat with the other Catholic schools in Leamington, Rugby and Kenilworth.
6 th	Bank Holiday
13 th	Year 6 SATS week
24 th	Teacher Training Day
25 th	Miss Sands Sky Dive

June

8 th	First Holy Communion 2pm
10 th	Y1 (Some Y2 children) Phonics Test Week
25 th	School Sports Day (FS/KS1 classes 9:30am, KS2 1:30pm)
27 th	Warwickshire School Induction date for Year 6 (Pupils attend their Secondary Schools)
29 th	School/Parish Summer Fete

July

3 rd to 5 th	Beaumanor Hall Y5 Residential Trip
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