



Week one

Week Commencing 15/5, 5/6, 26/6, 17/7, 4/9, 25/9, 16/10

Choose a main meal...
Red Tractor Pork Sausages
with Gravy and Creamy
Mashed Potatoes

MONDAY

On the side...
Broccoli
and Carrots

For dessert...
(v, h) Flapjack
(v) Ice Cream Tub

(v, h) Pasta in a Rich and Rustic
Tomato Sauce
with Traybake Bread

Choose a main meal...
Red Tractor Barbeque Chicken Fillet
Bites with Fresh Salad
and a Wrap served with Baked Potato
Wedges

TUESDAY

On the side...
Sweetcorn
Seasonal Salad

For dessert...
(v, h) Apple and Strawberry Crumble
with Custard

(h) Tuna Pasta Bake with
optional Baked Potato Wedges

Choose a main meal...
Tender Slices of Scottish Beef
with a Mini Yorkie Pudding
and Gravy with Roasted Mini
Potatoes

WEDNESDAY

On the side...
Garden Peas
and Carrots

For dessert...
(v, h) Chocolate
Crunch Biscuit

(v) Vegetarian Sausages and Gravy
with Roasted Mini Potatoes

Choose a main meal...
Creamy Chicken Korma (Mild)
with Whole Grain Rice

THURSDAY

On the side...
Crunchy Carrot and Cucumber Sticks
Homemade Coleslaw
Mixed Vegetables

For dessert...
(v, h) Orange or Lemon Drizzle Cake

(v, h) Rustic Cheese and Tomato
Pizza with optional Herby Diced
Potatoes

Choose a main meal...
(msc) Battered Fish Fillet
with Chipped Potatoes

FRIDAY

On the side...
Garden Peas, Mushy Peas
or Baked Beans

For dessert...
(v) Pancake with Banana Chunks

(v, h) Cheese and Sweetcorn
Omelette with Chipped Potatoes

Week two

Week Commencing 22/5, 12/6, 3/7, 11/9, 2/10

Choose a main meal...
Organic Beef Grill
in a Soft Bun
with Baked Potato Wedges

MONDAY

On the side...
Garden Peas and Carrots
Seasonal Salad

For dessert...
(v) Whip with Fruit in Juice
(v, h) Ginger Cookie

(v, h) Pasta in Cheese Sauce
with optional Baked
Potato Wedges

Choose a main meal...
(h) Chicken Pie with Gravy

TUESDAY

On the side...
Broccoli or
Crunchy Carrot and Cucumber Sticks

For dessert...
(v, h) Up Beet
Chocolate Cake

(msc) Salmon Fillet Fingers

Both served with either Crispy Diced
or Creamy Mashed Potatoes

Choose a main meal...
Roast Pork or Gammon Joint
with Gravy
and Crispy Roast Potatoes

WEDNESDAY

On the side...
Fresh Cabbage
and Mixed Vegetables

For dessert...
(v, h) Iced Blueberry Muffin
(v) Ice Cream Tub

(v, h) New Recipe - Chinese Style
Quorn with Noodles

Choose a main meal...
Spaghetti Bolognaise
made with Organic Minced Beef
and Garlic Bread

THURSDAY

On the side...
Sweetcorn and Carrots
Seasonal Salad

For dessert...
(v, h) Apple Pudding with Custard

(v, h) Jacket Potato
with Cheese and Sweetcorn

Choose a main meal...
(msc) Battered Fish Fillet
with Crispy Gaufrette
Potatoes

FRIDAY

On the side...
Garden Peas or Baked Beans
Seasonal Salad

For dessert...
(v) Strawberry Swirl Mousse
(v) Cheddar Cheese, Crackers and
Apple Wedge

(v, h) Vegetable Burrito
with Crispy Gaufrette
Potatoes

Week three

Week Commencing 19/6, 10/7, 18/9, 9/10, 30/10

Choose a main meal...
Organic Pork Meatballs
with Rustic Gravy
and Pasta or Baked Potato Wedges

MONDAY

On the side...
Garden Peas and Sweetcorn or
Broccoli

For dessert...
(v, h) Toffee Apple Sponge
with Custard

(v, h) Cheddar Cheese
and Potato Pie with Vegetables

Choose a main meal...
Red Tractor Bacon and
Pork Sausage with
½ Jacket Potato and Beans

TUESDAY

On the side...
Crunchy Carrot and Cucumber Sticks
Homemade Coleslaw
or Baked Beans

For dessert...
(v) Ice Cream Tub
(v, h) Zesty Orange Oaty Cookie

(v) Breadcrumbed
Vegetable Fingers
with Crispy Diced Potatoes

Choose a main meal...
Red Tractor Roast Chicken Joint
with Stuffing, Gravy
and Crispy Roast Potatoes

WEDNESDAY

On the side...
Mixed Vegetables and
Broccoli

For dessert...
(v, h) Chef's Iced
Sponge Choice

(v, h) Vegetarian Toad in the Hole
with Gravy and
Crispy Roast Potatoes

Choose a main meal...
(h) Classic Homemade Lasagne made
with Organic Minced Beef, served
with Malted Wheat Baguette

THURSDAY

On the side...
Sweetcorn and
Green Beans

For dessert...
Jelly with Fruit
(v, h) Honey and Raisin Bar

(v, h) Cheese and Tomato
Pizza Wedge with
Crispy Diced Potatoes

Choose a main meal...
(msc) Fish Fillet Fingers
with Chipped Potatoes

FRIDAY

On the side...
Garden Peas, Mushy Peas
or Baked Beans

For dessert...
(v, h) Chocolate Cracknell

(v, h) Cheese and Egg
Quiche with Chipped Potatoes

(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood

2 Choices

