

English Martyrs Catholic Primary School

"where everyone is special"

Newsletter 3: Friday 5th October 2018

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@EMCPrimary

Harvest Festival Appeal 2018



The new reception children attended their very first mass whilst starting at English Martyrs. They were a real credit to their parents and the school. A big thankyou for the food and all donations are being collected by Rugby Food Bank.

GDPR Regulations

In line with the new GDPR regulations schools have to have implicit consent for various activities and procedures unless there is a statutory responsibility to share information. In the summer term parents were asked to complete consent forms to indicate the level of permission for their child's photographs/image to be taken and where these would be distributed and used. Parents of the new Reception children and any other pupil joining the school also completes the same permission form. Please note if a parent indicated that their child's image could not be put on 'Twitter' then this means they will also not be on the school website or photographs in any of the schools publications. If the consent form has not been returned to school then no images can be taken within the school. Furthermore if a parent has indicated that their child's image can not be used in any school publications, this also means that we do not have permission for the pupil to be in the Year 6 Leavers' book and other similar publications. We are always very happy to speak to parents about this if they have any questions.

Reading is the key to success!

Nationally there has been a decline in children having a love of reading and reading for pleasure, which is having an impact on pupils' overall attainment. Schools continually work on developing children as effective readers and sharing quality text with the pupils on a daily basis. However if these skills are not practiced at home then children will not develop the fluency and understanding that they need. Also reading has been proven to make children happier. Research shows that children who love reading at age 11 go on to be more successful, happier adults. With the pressures of I pads, electronic devices and games there are less children reading at home or sharing books with parents or other family members. Traditionally children would have a bedtime story which they would look forward to and would provide a calm atmosphere for them before they went to sleep. There are a significant number of pupils who are watching TV in their rooms before bedtime or playing on I Pads and games and missing out on these reading opportunities and overstimulating their minds when they need a good quality of sleep. The list below is a reminder why **reading** is important for children.

10 Reasons Why Reading is Important for children:

1. It expands their vocabulary.

Whilst reading, they might come across words they have not heard before– prompting them to find out what they mean. As a result, they add it to their vocabulary.

2. It makes them better at it.

Practice makes perfect, right? The best way to get better at reading is just to do it!

3. It helps build independence and self-confidence.

As they learn that they no longer have to rely on their parents to read things to them, they develop a sense of independence. Through reading, they can begin to understand the world on their own.

4. It keeps them safe.

Traffic signs have words and so do warning labels. Reading allows kids to understand when something says it could harm them.

5. It helps them make sense of the world around them.

As they learn to read they are able to determine what things around them say – from signs to stickers to labels. Being able to read helps them understand what is what and the purpose it serves.

6. It leads to their future academic success.

A child must be able to read in order to even progress through school. Reading is essential to following the instructions on the test and being able to even understand or answer the questions.

7. It enhances their imagination.

As a child reads, they can begin to imagine where the characters are. They might even create their own little world, as well. Reading enhances their imagination by forcing them to picture what the character actually looks like and who they are.

8. It entertains them.

It gives them something good to do – especially once they can start reading chapter books with no pictures, forcing them to really get into their imagination and therefore, really get into the book as well.

9. It improves their grammar.

Through reading, they can see how the author composed their sentence structure and grammar. This can also help improve their communication skills as they determine how it should be read using clues such as punctuation.

10. It improves their writing skills.

Because reading helps improve their vocabulary, communication, and grammar skills, it ultimately improves their writing skills as well.

Reading is essential to just about everything in life – from cooking to driving to just getting through school. It is important to start at a young age and teach your child the value of reading so they will grow to practice it often and value their ability to do so.

Now, go grab a good book and your child and get to reading together!

How much sleep does a child need?

Whilst it is acknowledged that children need more sleep than adults because of their rapid mental and physical development, it can be difficult to gauge how much sleep children need to be fully rested and to cope with the demands of each day. The excessive sleep clinic recommends that school-aged children need between **9 to 11 hours** of sleep daily. One of the reasons it's so hard to know when children are getting insufficient sleep is that drowsy children don't necessarily slow down the way adults do—they wind up. In fact, sleepiness can look like symptoms of attention deficit-hyperactivity disorder (ADHD). Children often act as if they're not tired, resisting bedtime and becoming hyper as the evening goes on. All this can happen because the child is overtired. This has implications for their ability to listen and engage in school and can impact on their behaviour. Research shows that an early bedtime (between 7:00 p.m. and 8:00 p.m. works best for babies and children through school age) and a consistent, soothing, wind-down routine with no screen time—such as TVs, tablets, and the like—will lead to better sleep.



Inconsiderate and dangerous parking



A polite reminder that there is strictly no parking on the school drive except for staff and cars who display the parking permission cards from the school. This is for the safety of the children. There remains a number of parents who ignore this rule and park and reverse on the school drive putting children at risk. The school can take legal action against parents who regularly break this rule. A big thankyou to all those parents who continually put children first and park safely off the school site.

Diary Dates

October

5 th	Y3 trip to Crosshands Quarry
7 th	Confirmation enrolment mass at English Martyrs Church 11:00am (Year 6)
11 th	Mass Y2 (Y5)
12 th	9:30am Open Morning
15 TH	Table Tennis Tournament during the week
17 th	Parent Consultation Meetings 3:45-7pm
18 th	Parent Consultation Meetings 3:45-7pm
18 th	Mass Y6 (Y3)
19 th	PTFA Film Night 3:30pm (tickets will be sold soon)
23 rd	Foundation Stage Parents Phonic Workshop 9:10-9:40
25 th	Mass Y4 (Y1)
25 th	PTFA Cake Sale
25 th	PTFA Network Meeting 7pm (in school). New members very welcome!

HALF TERM 29TH OCTOBER TO FRIDAY 2ND NOVEMBER

November

6 th	Y1 Parent Phonic Worship 9:10-9:40
8 th	Mass Y3 (Y6)
9 th	Reception to Year 5 Flu immunisations
15 th	Mass Y5 (Y2)
16 th	Foundation Stage, Year 1 and Year 2 Parent & Pupil Reading café 2:30-3:15pm
18 th	FHC Year 3 children enrolment mass at English Martyrs Church 11am
22 nd	Mass Y6 (Y3)
29 th	Mass Y4 (Y1)
29 th	Non-uniform Day (bring in a bottle for the bottle stall for the bazaar)

December

1 st	Christmas Bazaar 12pm-3pm
2 nd	Advent Begins
4 th	Y3 Sacrament of Reconciliation 6:30pm in Church
6 th	Sacrament of Reconciliation for Catholic children in Years 4 and 5 after mass for Advent.
6 th	Mass Y2 (Y5)
11 th	Foundation Stage, Year 1 and Year 2 Christmas production 2pm
12 th	Foundation Stage, Year 1 and Year 2 Christmas production 2pm
12 th	Confirmation 7pm (Year 6) in Church
13 th	Mass Y3 (Y6)
13 th	Foundation Stage & Year 1 Hatton Country World Trip
17 th	Grandparents' Afternoon 1:45pm
18 th	FS/Y1/Y2 Christmas Party

19 th	Year 2 to Year 6 Christmas Pantomime at the Belgrade, 'Sleeping Beauty'
20 th	Whole School mass 9:15am
20 th	Key Stage 2 Christmas Party
21 st	Whole School carol service led by key stage 2, followed by end of term presentations.
21 st	Last day of term

January

7 th	Teacher Training Day
8 th	School opens to pupils

June

8 th	First Holy Communion 2pm
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July

3 rd to 5 th	Beaumanor Hall Y5 Residential Trip
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